



# Spring Term 2020

## FITNESS SUITE

## Dual Use Periods

Children/Students will be using the fitness suite during term times below:

School usage within the Fitness Suite.

### Monday

PE Lesson 9.10am - 10.40am (maximum 25 children)

PE Lesson 1.25pm - 3.05pm (maximum 25 children)

Fitkidz 15:30 - 16:30pm (20 maximum)

### Tuesday

Fitkidz 15:30 - 16:30pm (20 children maximum)

### Wednesday

PE Lesson 11.20am-12.40pm (maximum 25 children)

PE Lesson 1.30pm-2.50pm (maximum 25 children)

Fitkidz 15:30 - 16:30pm (20 children maximum)

### Thursday

Fitkidz 15:30 - 16:30pm (20 children maximum)

### Friday

Fitkidz 15:30 - 16:30pm (20 children maximum)

Please note: Members are still welcome during this time and have priority on all machines and equipment during school hours 9.00 am-3.00 pm.